



22nd March 2025

Adjudicators

Aislinn Stevens (ADCRG)	London, UK
Deborah Mulvenna (ADCRG)	Belfast, N Ireland
Dervla McGee (ADCRG)	Dundalk, Ireland
Jayne McGardle (ADCRG)	Cavan, Ireland
Maria Stanley (ADCRG)	Nottingham, UK
Sonia McLaughlin (ADCRG)	Manchester, UK
Brian McDermott (ADCRG)	London, UK
Stephen Masterson (SDCRG)	Cambridge, UK
Tony Smith (ADCRG)	Limerick, Ireland

Musicians

Gerry Conlon	Scotland, UK
Kevin Murray	Scotland, UK
Willie Patterson	Scotland, UK

Venue

**Carmel Sixth Form College
St Helens, WA10 3AG**





CHESHIRE CHAMPIONSHIPS

Dear Dancers, Parents and Teachers,

We would like to extend to you all, a very warm welcome to the 12th Anniversary of the Cheshire Championships. Hosting the event prior to the Oireachtas Rince Na Cruinne 2025 is an excellent practice opportunity for solo competitors and teams.

We are proud to host the event at our new and modern location - Carmel College, St Helens - that is easily accessible from Liverpool & Manchester Airports (15-30 mins away), by rail and motorway networks. The venue offers state of the art facilities, stadium seating in the championship hall, set dance and grade halls and separate presentation area. We are pleased to offer full catering facilities with both hot and cold food and drinks.

We are delighted to have an esteemed international judging panel and talented musicians from across England, Scotland and Ireland.

So that family and friends can keep in touch with the days' events we will be sharing photos and live results via the Cheshire Championships Facebook page 'Cheshire Championships' and Instagram '@cheshirechampionships'. Camilla Rose and Feiswear will be attending the event to ensure that the dancers have everything they need.

We will be running Championships starting from Under 6. We are awarding the top 5 in Championships & Prelims belts, sashes and trophies as well as perpetual cups for each winner. We will be running 'Trophy Competitions' with the top 3 receiving a trophy with an additional sash for the winner.

We would like to invite the top 3 champions in each age group inc preliminary champion to join us for the 'Parade of Champions' at the end of the day.

Following on from our last event, we will be hosting an U5 Ungraded reel competition to celebrate our future stars. All of our U5 Ungraded dancers will line up on the main stage and perform one at a time for 16 bars. They will ALL receive a special prize for their performance. From U10 Championships will be a panel of 3 x adjudicators for rounds 1 & 2 and a different 3 x adjudicators for the recall set dance.

To ease your entry process, we are delighted to share that GoFeis will process all entries online with result packs for championship and preliminary championship as part of your entry.

We look forward to meeting & welcoming you to the forthcoming Cheshire Championships.

Warmest regards,

Kieran Rogers A.D.C.R.G & Siobhan Egan T.C.R.G

Enquires: info@cheshirechampionships.co.uk





CHESHIRE CHAMPIONSHIPS

Transport:

Taxi: AtoB Taxis Tel: 01744 600600 Britannia Taxis Tel: 01744 777777

Nearest Rail: **Thatto Heath Station** (3,800 foot southeast away from the venue)

Nearest Airports: **Liverpool John Lennon (20 mins)** Ryanair, Flybe, WIZZAir & Easy Jet
Manchester (30 mins) Ryanair, Aer Lingus, Lufthansa, BA, Jet 2

Accommodation:

Hotel: **Premier Inn Rainhill**, 408 Warrington Road, Rainhill
L35 6PE Tel: 033303218459 www.premierinn.com

Alternative: **Premier Inn St Helens**, Eurolink, St Helens, WA9 4TT. Tel
03333209350 www.premierinn.com

Competitor Prices:

Solo Dances - £6

Stars of the future U5 - £6.00

Trad Set Dance Trophy (U6-U9) - £6

Ceili/Figure Dancing - £5 per dancer

Preliminary Championships - £40.00 (Inc. 2 x solo results)

Open Championship U6 – U7* - £30.00 (Inc. 2 x solo results)

Open Championships - £40.00 (Inc. 2 x solo results)

*Dancers in the U6 & U7 are required to dance their 'Championship' dances in their solo grades to be eligible to compete in their respective championships.

A Dancer Maximum - £60

Family Fee - £90

Door Admission:

£6.00 per adult £3.00 Concession

Entries:

Closing date for prepaid entries is **Monday 10th March 2025**. To pre register:
GoFeis via clrg.gofeis.net

Entries after this date including on the day of the championships will incur a £10 administration fee per dancer.





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Grade Competitions

Novice (Bun):

U6 to U11

Reel, Hop Jig, Light Jig, Slip Jig, Heavy Jig & Hornpipe

Primary (Tus):

U6 to U12 Over

Reel, Light Jig, Hop Jig, Slip Jig, Heavy Jig, Hornpipe

Intermediate (Mean):

U6 to U13 & Over

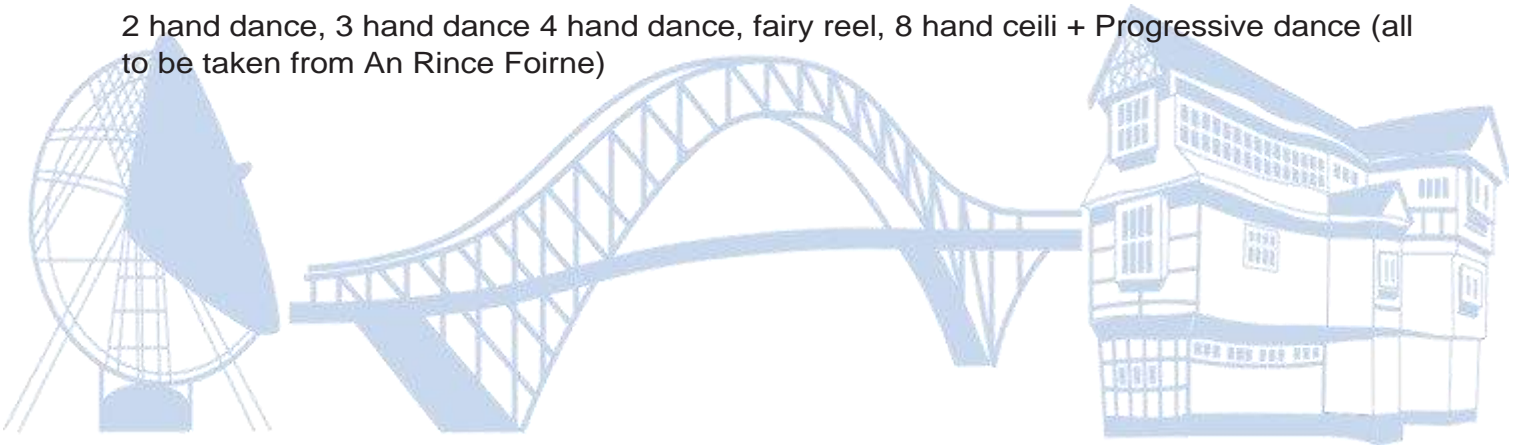
Reel, Light Jig, Hop Jig, Slip Jig, Heavy Jig, Hornpipe

U8 & U9 - Traditional Set

U13 & Over - Open Set Dance

Ceili/ Figure Competitions:

2 hand dance, 3 hand dance 4 hand dance, fairy reel, 8 hand ceili + Progressive dance (all to be taken from An Rince Foirne)





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Preliminary Championships:

U10 - 14Over Reel or Slip Jig & Heavy Jig or Hornpipe. Solo results being given for each round. Round one will be the light dance and round two will be the heavy dance.

Number of bars required for preliminary championships for the Reel/Heavy Jig = 40 Bars, Slip Jig/Hornpipe = 32 Bars.

Preliminary competitions will be combined with Open Championships. 14 & Over preliminary championship will be a separate competition and recalled for their open set.

Open Championships:

Time permitting all open championship dancers will be recalled for their open set, otherwise it will be 50% recall over 20 competitors. Round one will be the light dance and round two will be the heavy dance. There will be a 100% recall on Senior dancers.

U6 & U7	Reel, Hop Jig and Light Jig or Heavy Jig.
U8 & U9	Reel & Heavy Jig (Recall Traditional Set).
U10 - Seniors	Reel or Slip Jig & Heavy Jig or Hornpipe & (Recall Open Set) Note: U10 may perform a traditional set dance as a recall dance if required.

Championships with a panel of 3 adjudicators will be held from U6 upwards, with solo results being given for each round. A separate panel of 3 adjudicators for recall dancers from U10 upwards.

Number of bars required for all championships U6 – U10 Reel/ Heavy Jig = 40Bars, Slip Jig/ Hornpipe = 32 Bars. In preparation for the World Championships in Dublin 2025 U11 upwards Reel/ Heavy Jig = 48 Bars, Slip Jig/ Hornpipe = 40 Bars.

Approved by the NWRC Feis Secretary:

Nicola King ADCRG





CHESHIRE CHAMPIONSHIPS

Cheshire Championships 2025 - Provisional Timetable

Championship Hall	Dance Hall	Gym Floor A	Gym Floor B	Gym Floor C
8AM U10 & U11 (Alternating)	8:15 AM U8 / U9 (Alternating)	8:30 AM U9 Novice	8:30 AM U10 Novice	8:30 AM U11 Novice
		9:30 AM U9 Primary	9:30 AM U10 Primary	9:30 AM U11 Primary
	10AM U12 & U13 (Alternating)	U11 Sets	10:45 AM U9 Intermediate	10:45 AM U10 Intermediate
U10 Sets				
U12 Sets				
12PM U6 & U7 (Alternating)	U13 Sets	12 Noon U5 Future Stars Ungraded		
12:30PM U18 & U19 (Alternating)		12: 30 PM U6 Novice	12:30pm U7 Novice	12:30pm U8 Novice
BREAK	BREAK	BREAK		
1:30PM U21 & Senior (Alternating)	U18 Sets	1:30 PM U6 Primary	1:30 PM U7 Primary	1:30 PM U8 Primary
	U19 Sets			
2:15 PM U14 & 14 Over Preliminary (Alternating)	U21 Sets	2:45 PM U6 Intermediate & U6 Open	2:45 PM U7 Intermediate & U7 Open	2:45 PM U8 Intermediate
	Senior Sets			
	14 Over Prelim Sets			
3:45 PM U15, U16 & U17 (Alternating)	U14 Sets	4 PM U12 & Over Primary	4 PM U12 Intermediate	4 PM U13 + Over Intermediate
	U15 Sets			
	U16 Sets	5:30 PM CEILI		
	U17 Sets			

7:30 PM CHESHIRE CHAMPIONSHIPS 2025 - DANCE OF CHAMPIONS





CHESHIRE CHAMPIONSHIPS

Standard Rules for North West Feiseanna

As of January 2025

ENTRY REQUIREMENTS

1. Ages to be taken from 1st January 2025
2. Entries will only be accepted from schools currently registered with An Coimisiun.
3. Lodgement of entries at a Feis implies that you accept the rules relating to the Feis in their entirety as laid down by the NWRC and An Coimisiun, and that you accept that the Results of the Feis will be published on the NWRC website.

ADJUDICATORS & MUSICIANS

4. The Adjudicators decisions are final. The Adjudicators should not be approached by any persons other than the Feis Committee.
5. Pupils of an Adjudicator employed at a particular feis may not take part in the Feis even if the adjudicator is judging alternative age groups.
6. Any Adjudicator from outside the NW Region cannot judge an Open Feis in the North West Region within 6 months of their last adjudication in the region. Any Adjudicator from the North West Region cannot judge an Open Feis in the North West Region within 3 months of their last adjudication in the region.
7. An Adjudicator from outside the North West Region may not adjudicate a Class Feis in the North West Region in the 6 months leading up to adjudicating an Open Feis in the Region.
8. All musicians should be competent and abide by the prescribed An Coimisiun metronomic speeds below.

Novice

Reel 122-124 Light jig 116 Single jig 124 Slip Jig 124 Heavy Jig 96 Hornpipe 144

Primary

Reel 116-118 Light jig 116 Single jig 124 Slip Jig 120 Heavy Jig 76 Hornpipe 118

Intermediate/Open

Reel 113 Slip Jig 113 Heavy Jig 73 Hornpipe 113

Traditional Set Dances

Blackbird 144 St. Patrick's Day 94 Job of Journeywork 138 Garden of Daisies 138 King of Fairies 130

Three Sea Captains 96 Jockey to the Fair 90





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NOVICE AND PRIMARY GRADE

9. There will be a minimum of 4 Novice Light Dances up to and including Under 11. Only the most basic Steps may be performed in this grade. Children entering the Novice cannot enter the Primary for the same dances.
10. All Novice, Primary, Intermediate, Preliminary and Open Competitions are open to all Regions.
11. Any competitions in Novice and Primary, in which there are 5 or fewer dancers shall not count for grading purposes. However a Dancer may only win 3 such competitions and they then must move up to the next grade. If there are 6-10 dancers in any Novice or Primary competition, then just the 1st placed dancer must move up to the next grade. If there are 11-20 dancers, 1st and 2nd placed dancers must move up to the next grade. If there are 21 or more dancers then 1st, 2nd and 3rd placed dancers must move up to the next grade.
12. There will be no restriction on the step content performed in the Primary grade.
13. A Novice Dancer is a dancer who has not gained a place that requires them to move up in a Novice or higher Grade competition.
14. A Primary Dancer is a dancer who has not gained a place that requires them to move up in a Primary or higher Grade competition.
15. Novice/Primary Trophy Competitions are confined to dancers who have never won a Novice/Primary Trophy. Any Light Dance can be performed for the Trophy but it must have been danced in the Novice/Primary section on the day of the Feis.
16. A winner of a Novice/Primary Trophy Competition must move up to the next grade for both the Dance they performed to win the Trophy and the Trophy competition itself.
17. Only skirts and tops or a simple current class costume may be worn in the Novice and Primary Grades.
18. In the event of there being no provision for a particular age group, a dancer may dance up an age group, however on attaining first place in any dance, that dancer must remain in the higher grade for that dance for the remainder of the year.
19. At any one Feis, a Novice or Primary dancer may only dance each Solo Dance, the Light Trophy and the Heavy Trophy in ONE GRADE only.
20. Should there be 5 or fewer dancers in any Novice or Primary competition then the Feis Organiser reserves the right to combine age groups to make a double age group. Any dancer/s required to subsequently move up in a double age competition must remain in the higher grade for that dance for the remainder of the year.

INTERMEDIATE GRADE

21. An Intermediate Dancer is one who has never won a first place in that particular dance in their present age group.





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22. Intermediate Trophy competitions are confined to dancers who have never won an Intermediate Trophy in their present age group. Any Light Dance can be performed for the Trophy but it must have been danced in the Intermediate section on the day of the Feis.
23. A winner of an Intermediate Trophy Competition must move up to the next grade for both the Dance they performed to win the Trophy and the Trophy competition itself.
24. At any one Feis, an Intermediate dancer may only dance each Solo Dance, the Light Trophy and the Heavy Trophy, in ONE GRADE only, with the exception of intermediate dancers wishing to enter the Preliminary or Open Trophy/Championship.
25. In the event of there being no provision for a particular age group, then a dancer may dance up an age group, however on attaining first place in any dance, that dancer must remain in the higher grade for that dance for the remainder of the year.
26. If there are 6 or more dancers in any Intermediate Competition, then the 1st placed dancer must move up to the next grade, Any competition in which there are 5 or fewer dancers shall not count for grading purposes. However, a Dancer may only win 3 such competitions and they then must move up to the next grade.
27. Should there be 5 or fewer dancers in any Intermediate competition then the Feis Organiser reserves the right to combine age groups to make a double age group. Any dancer/s required to subsequently move up in a double age competition must remain in the higher grade for that dance for the remainder of the year

PRELIMINARY CHAMPIONSHIPS

28. A minimum number of three Adjudicators must officiate.
29. The first age group for a Preliminary Championship is Under 10.
30. Where a Preliminary Championship is held separate from an Open Championship, three rounds should be offered, namely; Reel or Slip Jig, Heavy Jig or Hornpipe and any Set Dance.
31. Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
32. Where there are separate Preliminary and Open Championships, dancers can compete in both at the discretion of the Feis organiser.
33. Where a competitor wins two Preliminary Championships they must dance in Open Championship for a period of 12 months thereafter.
34. For grading purposes, two wins will be taken as being in any two year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
35. Where there are 5 or fewer dancers in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships





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regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.

36. Dances performed in a Preliminary Championships do not count for grading in solo competitions.

37. A Solo World Qualifier (in the previous 12 months) will NOT be eligible to compete in Preliminary Championships. This excludes dancers that auto qualified at their Regional or National Oireachtas due to lack of numbers.

38. Dancers placing 1st-3rd in an Open Championship with up to 20 competitors or 1st-5th in an Open Championship with more than 20 Competitors cannot compete in a Preliminary Championship for a period of 12 month.

OPEN GRADE

39. In all age groups any dancer who has previously won an Open Championship before a panel of at least three adjudicators does NOT have to dance Open if they are eligible for a lower grade.

40. In all age groups, (with the exception of under 6 and under 7), where solos and Championships are run separately, competitors must have performed 1 light dance and 2 heavy dances to be eligible for the Premier Trophy/Championship. This does not apply where solos are combined in with the Championship.

41. The wording 'Championship' will only be used where there is a panel of at least 3 adjudicators.

ALL GRADES

42. No block, en pointe, stationary or moving, will be allowed to be performed by any dancers up to and including the Under 11 Age Group. The Under 12 age group is also governed by this rule up until 1st September each year after which they are permitted to perform the movement.

43. Dancers must dance in their own age group for solo competitions if that age group is provided for.

44. Any competitor found to be using artificial carriage aids and subsequently refuses to remove them will be subject to disqualification from that particular competition. Medically prescribed apparatus, proof of which may be required, will be exempt from this.

FIGURE DANCING

45. Figure teams may contain up to 50% from a lower age group.

GENERAL FEIS RULES

46. Make up (including false eyelashes and tanner on the face) will not be permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group, and any dancer in the first two grades (Novice and Primary) up to and including the Under 12 age group worldwide. This rule refers to the age group of





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the competition, not the actual age of the dancer. Leg tan is NOT part of this rule.

47. Any protest against breach of rules must be made in writing, within 1 hour of the conclusion of the relevant competition and accompanied by a fee of £10.00, which will be refunded should the objection be upheld.

48. Medals will be awarded in accordance with the minimum requirements as laid down by the NWRC:

1 medal where there is 3 competitors

2 medals where there are 5 competitors

3 medals where there are 7 competitors

4 medals where there are 10 competitors and

1 medal for each additional 10 or part of 10 competitors.

49. The Feis Organiser reserves the right to cancel any competition should there be insufficient entries.

50. In the interest of Health, hairspray and any other aerosols must not be used in any of the dancing areas.

51. In accordance with the ruling laid down by An Coimisiun and in the interest of safety, dancers are asked to be suitably dressed at all times and should not undress in the competition halls.

52. Mobile phones and electronic games must be switched off in all of the dancing areas.

53. Abusive language and offensive behaviour will not be tolerated. Any person acting in such a way will be asked to leave the Feis.

54. Feis Organisers will, as far as is practicable, provide a stage surface suitable for dancing. However, the Feis Organisers cannot accept liability for injuries sustained whilst on the dancing areas. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer.

55. If parents have any constructive comments to make about any aspect of Feiseanna, these would be welcomed by the council and should be put in writing. It should be noted that anonymous correspondence cannot be dealt with.

56. Any Form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition.

