

# NADINE MARTIN ACADEMY CHAMPIONSHIPS

Saturday 25th & Sunday 26th  
January 2025

Hall Cross Academy Lower School,  
St Michael's Road, Doncaster, DN4 5LT

## Adjudicators

Barbara Slater - Newcastle  
Bernadine Cresham-Ball - Connacht  
Brian Shinnors - Munster  
Catriona Hale - Coventry  
Donna-Marie Boyle - Glasgow  
Melissa Keane-McCarthy - Munster

## Musicians

Brian O'Sullivan - Glasgow  
Liam O'Sullivan - Newcastle

ALL ENQUIRIES TO: TEL: 07428779430

EMAIL: [NADINEMARTINIRISHDANCE@GMAIL.COM](mailto:NADINEMARTINIRISHDANCE@GMAIL.COM)

FACEBOOK: [WWW.FACEBOOK.COM/NMACHAMPIONSHIPS](http://WWW.FACEBOOK.COM/NMACHAMPIONSHIPS)

*Dear Teachers, Parents and Guardians,*

We are delighted to welcome you to the fourth Nadine Martin Academy Championships to be held 25th & 26th January at Hall Cross Academy, Doncaster.

Hall Cross Academy offers a clean and modern feel, two purpose built stages, large sports hall, spacious canteen and plenty of on site parking. The venue is only a few miles from Doncaster train station. For those driving, the venue is conveniently located just off the M18. There are plenty of hotels around the venue which we have listed within the Syllabus to help with your planning.

All Open Championships from the age of U10 upwards will be judged by a total of 6 adjudicators - 3 adjudicators for the first two rounds, and a separate panel of 3 for the recall set dance. All dancers in Open & Prelim championships will have an opportunity to dance their set dance as there will be 100% recall in all championships.

U6, 7, 8 and 9 Championships and all prelim championships will be adjudicated by a panel of 3.

Preliminary and Open championship results will be given in a separate results area as soon as the result is ready to avoid unnecessary delays.

We are awarding the top 5 in all championships and prelims sashes, belts and trophies, with beautiful perpetual trophies for the winners of these competitions. All grade competitions are 'trophy competitions' with the top 3 in each dance receiving a trophy with an additional sash for the winner.

**\*\*NEW FOR 2025\*\*** Slip Jig special. 16 bar freestyle in light/heavy shoes open to boys & girls. Dancers are encouraged to blend traditional Irish dancing with upper body/head movements to create a unique interpretation of the Slip Jig music.

Competitions will be held in double age groups; U11, U13, U15, U17 and O17 after the Set dance round of the Championship. Dancers to wear black workout clothing, black-out outfits/similar. Logos should be small/preferably not visible. Strictly no solo/class costumes/school logos should be visible.

**Diddy Dancers** - ungraded reel competition celebrating the future stars of Irish dancing.

**Blind Treble Reel** - At the end of each day we are running a 'blind treble reel competition' where the adjudicator will judge a step down the line with their back turned, purely on sound, rhythm & timing.

We will upload updates, photos and live results videos to 'Nadine Martin Academy Championships' Facebook page throughout the weekend, so feel free to give us a follow as updates will also be posted here leading up to the event.

We look forward to welcoming you to our Feis and thank you in advance for your support.



*Nadine Martin - T.C.R.G and the  
Parents Association of Nadine Martin Academy*



# COMPETITIONS, AWARDS & PARADES

**Open championships** - U10 to Senior will be judged by a panel of 6 adjudicators. 3 judges for the first 2 rounds, and a new panel of three for the recall round. There will be 100% recall in all Open championships, so that all competitors have the opportunity to dance their set dance. Solo results will be given for the first 2 rounds. In preparation for the upcoming All Ireland Championships, U10 have the choice of traditional/open set dance.

**U6, U7, U8 & U9 Championships** will be judged by a panel of 3 and will be 100% recall.

**Boys Championships** - we are offering separate double age group boys championships, U11, U13, U15, U17, U19, O19.

**Preliminary Championships** - These will be adjudicated by a panel of 3 adjudicators. (Please check the prelim rules to check eligibility) There will be a 100% recall for all prelim championships, so that all competitors have the opportunity to dance their set dance. Solo results will be given for the first 2 rounds.

**Open/Prelim Awards** - Perpetual cups will be awarded to all winners of open and prelim championships. There will also be top 5 trophies, sashes, boys belts as well as beautiful medals for all competitors. The winner of the open championship will receive an velvet embroidered Sash sponsored by Lee Brown Designs.

**Grades** - We are running the 32 bar system for all grade competitions. All dancers will be lined up at the back of the stage at the start of the competition. The adjudicator will take down the numbers of all dancers. The first two dancers will walk to the starting point, and get ready to dance. After the 8 bar introduction, the dancers will begin their dance for 32 bars. After 32 bars, they bow (quickly), and return to their original place in the line at the back of the stage whilst the next two dancers commence their performance of 32 bars. Ungraded heavy jig and hornpipe will be offered for U6 & U7. Dancers can request either beginner/advanced speed music.

**Grades Awards** - Instead of running separate 'Trophy competitions', we are offering top 3 trophies and sashes in ALL grades competitions. 1st place in every grade competition will also receive a teddy.

**Parades** - We would like to invite the top 3 dancers in all Open Championships, and the winner of the prelim championships to join us for our Parade of Champions at the end of each day. We will host the Junior & Senior parade on Saturday and the Minor Parade on the Sunday. We will then crown our champion of champions from our open championship winners and present them with a special perpetual award.

**NMA Diddy Dancers** - Ungraded reel competition for children who aren't quite ready for a full 32 bar dance. Each dancer will have the opportunity to perform to 16 bars of music on stage and will be clapped in time. Each Diddy dancer will receive a sash and special award.

**Blind Treble Reel** - Each day we will be offering a 'blind' treble reel competition. Dancers will complete a 16 bars treble reel step. The judge will be facing away from the stage and will judge purely on the sound, rhythm and timing.

**\*\*NEW FOR 2025\*\* Slip Jig special.** 16 bar freestyle in light/heavy shoes open to both boys & girls. Dancers are encouraged to blend traditional Irish dancing with upper body/head movements to create a unique interpretation of the Slip Jig music.

Competitions will be held in double age groups; U11, U13, U15, U17 and O17 after the Set dance round of the Championship. Dancers to wear black workout clothing, black-out outfits/similar. Logos should be small/preferably not visible. Strictly no solo/class costumes/school logos should be visible.



NADINE MARTIN  
ACADEMY

# SATURDAY 25TH JANUARY PROVISIONAL TIMETABLE



NADINE MARTIN  
ACADEMY

## CHAMPIONSHIP STAGE

9AM	U10 Girls, U11 Girls & U11 Boys Championships (Alternating Rounds 1&2)
10AM	U12 Girls, U13 Girls & U13 Boys Championships (Alternating Rounds 1&2)
11.30AM	U14 Girls, U15 Girls & U15 Boys Championships (Alternating Rounds 1&2)
	Blind Treble Reel Special Competition
LUNCH	
2PM	U17 Girls & U17 Boys Championships (Alternating Rounds 1&2)
3PM	U16 Girls & U18 Girls Championships (Alternating Rounds 1&2)
4PM	U19 Ladies, U19 Men & U21 Ladies Championship, Over 21 Ladies & Over 19 Men (Alternating Round 1 & 2)
JUNIOR & SENIOR CHAMPION OF CHAMPIONS	

## MAIN HALL- SETS

9AM	U10 Girls Set Dance
	U11 Girls Set Dance
	U11 Boys Set Dance
	U11 Slip Jig Special *NEW*
	U12 Girls Set Dance
	U13 Girls Set Dance
	U13 Boys Set Dance
	U13 Slip Jig Special *NEW*
	U14 Girls Set Dance
	U15 Girls Set Dance
	U15 Boys Set Dance
	U15 Slip Jig Special *NEW*
	U17 Girls Set Dance
	U17 Boys Set Dance
	U16 Girls Set Dance
	U17 Slip Jig Special *NEW*
	U18 Girls Set Dance
	U19 Ladies Set Dance
	U19 Mens Set Dance
	U21 Ladies Set Dance
	O21 Ladies Set Dance
	O19 Mens Set Dance
	O17 Slip Jig Special *NEW*

100% Recall in all Open Championships

Number of bars for Championships for U10 upwards: Reel, Heavy Jig (48 Bars), Slip Jig & Hornpipe (40 Bars)

Results for all Open Championships will be given as soon as they become available in a **separate results area.**



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# SUNDAY 26TH JANUARY



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## MAIN HALL

8.30AM	Diddy Dancer Competition
9.30AM	U10 Preliminary
10.30AM	U11 & U12 Preliminary (Alternating)
12.30PM	U6, U7, U8 & U9 Championship (Alternating)
	Blind Treble Reel Special Competition
BREAK	
2.30PM	U13 & 14 Preliminary (Alternating)
4PM	U16 & O16 Preliminary (Alternating)

100% Recall in all Open/Prelim Championships

Number of bars for Prelim & Championships U6-9: Reel, Light Jig, Hop Jig, Heavy Jig (40 Bars), Slip Jig & Hornpipe (32 Bars)

Grades - 32 bar system with an 8 bar break between groups

## GRADES HALL

	Floor A	Floor B	Floor C
9AM	U6/7 Intermediate & Open followed by Ungraded Heavies	U8 Intermediate followed by U8 Ungraded Trad Set	U9 Intermediate followed by U9 Ungraded Trad Set
10.30AM	U6/7 Novice & Primary	U8 Novice & Primary	U9 Novice & Primary
12.30PM	U13 Intermediate	U15 Intermediate	15 & over Intermediate
BREAK			
2.30PM	U10 Intermediate	U11 Intermediate	U12 Intermediate
3.30PM	U10 Novice & Primary	U11 Novice & Primary	U13/13 & over Primary
5.30PM	All 4 Hands, Ceilis and Figures		
PRELIM & MINOR PARADE OF CHAMPIONS*			

All grade results will be given in the Grades hall

\*The Parade of Champions will be danced on the purpose built stage at the end of the day



NADINE MARTIN  
ACADEMY

Results for all Open Championships will be given as soon as they become available in a **separate results area.**



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# TRAVEL

## Venue Address

Hall Cross Academy Lower School,  
St Michael's Road,  
Doncaster,  
DN4 5LT



Nearest Airports:     Humberside (41 Miles)  
                                  Leeds Bradford (50 Miles)  
                                  East Midlands (56 Miles)

Train Stations:         Doncaster (3 Miles) which operates direct train services to many cities across the country.

## Hotel Info:

There a number of hotels within close proximity to the venue. The following hotels are within a few minutes drive from the venue

- Hilton Garden Inn Doncaster Racecourse (1.2 Miles away)
- Premier Inn Doncaster Central East (1.3 miles away)
- Premier Inn Doncaster Lakeside (2.5 miles away)
- Premier Inn Doncaster Central (3 miles away)
- Travelodge Doncaster Lakeside (2 Miles away)
- Holiday Inn Express Doncaster (2.8 Miles away)
- Earl of Doncaster (1.5 miles away)
- HEX Wildlife Hotel @ Yorkshire Wildlife park (5 Miles away)
- Regent Hotel Doncaster (2 Miles away)

The hotels and venue are also within 2 miles of a couple of retail parks where you can find the following food outlets; TGI Fridays, Nandos, Pizza Express, McDonalds, KFC, Pizza. Hut, Dunkin Donuts, Urban Burger, Estabulo, Taco Bell, Costa etc.  
The nearby retail parks are also home to Vue cinema and Tenpin bowling.

## Local Attractions:

Doncaster Wildlife Park (4.5 miles away)  
Doncaster Dome (1 mile from venue)



## SOLO GRADES

(N - Novice, P- Primary, I-Intermediate, O-Open, U-Ungraded)

U6/7 will have choice of speed for Heavy jig & Hornpipe.

\*\*Trophies AND Sashes will be awarded in all grades to the Top 3 dancers\*\*

Age	Reel £6	Hop Jig £6	Light Jig £6	Slip Jig £6	Heavy Jig £6	Hornpipe £6	Trad Set £6
U6	N, P, I, O	N, P, I, O	N, P, I, O	N, P, I, O	U	U	U
U7	N, P, I, O	N, P, I, O	N, P, I, O	N, P, I, O	U	U	U
U8	N, P, I	N, P, I	N, P, I	N, P, I	P, I	P, I	U
U9	N, P, I	N, P, I	N, P, I	N, P, I	P, I	P, I	U
U10	N, P, I	N, P, I	N, P, I	N, P, I	P, I	P, I	
U11	N, P, I	N, P, I	N, P, I	N, P, I	P, I	P, I	
U12	I	I	I	I	I	I	
U13	P, I	P, I	P, I	P, I	P, I	P, I	
13 & Over	P	P	P	P	P	P	
U15	I	I	I	I	I	I	
15 & Over	I	I	I	I	I	I	

## PRELIMINARY CHAMPIONSHIPS

Age	Round 1	Round 2	Recall
U10 (£40)	Heavy Jig OR Hornpipe	Reel OR Slip Jig	Traditional OR Open Set
U11, U12, U13, U14, U16, U16 (£40)	Heavy Jig OR Hornpipe	Reel OR Slip Jig	Open Set Dance

## OPEN CHAMPIONSHIPS

Age	Round 1	Round 2	Recall
U6 (£30)	Reel	Hop OR Light Jig	-
U7 (£30)	Reel	Hop OR Light OR Heavy Jig	-
U8 & U9 (£35)	Reel	Heavy Jig	Traditional Set Dance
U10 (£40)	Heavy Jig OR Hornpipe	Reel OR Slip Jig	Traditional OR Open Set
U11 Upwards (£40)	Heavy Jig OR Hornpipe	Reel OR Slip Jig	Open Set Dance

## BLIND TREBLE REEL TROPHY SPECIAL COMPETITION

£6 per dancer - 16 bars of own choreography. Open to all ages and grades from each day of competitions.

## NMA DIDDY DANCERS

Aimed at dancers who love dancing but aren't quite ready for grade competitions. £6 per dancer - 16 bars to reel music, they will be counted in and Each dancer will receive a sash and special award.

## FIGURE COMPETITIONS

Age	Competitions
U11, U13, U16, U19, Senior (£5 per dancer)	2, 3, 4, 6, 8 Hand

# NADINE MARTIN ACADEMY CHAMPIONSHIPS WINNERS 2024

AGE	CHAMPION	SCHOOL
U6 MIXED	LAKER-ROSE SMITH	MCQUADE SCHOOL
U7 MIXED	LUCIE CORR	LORRAINE SCALLON SCHOOL
U8 MIXED	EVIE BURR	NADINE MARTIN ACADEMY
U9 MIXED	RAFFERTY BROOKS-STEVENS	BROOKS ACADEMY
U10 GIRLS	MILA BROWN	NADINE MARTIN ACADEMY
U11 GIRLS	SUMMER CONWAY	LOUGHRAN SCHOOL
U12 GIRLS	LILY KAY	KEEGAN ACADEMY
U13 GIRLS	SAOIRSE FLEMMING	KELLY HENDRY SCHOOL
U14 GIRLS	ORLA WORMALD	NADINE MARTIN ACADEMY
U15 GIRLS	EVIE MARLEY	NADINE MARTIN ACADEMY
U16 GIRLS	SHEENAGH MCMORROW	MCMORROW
U17 GIRLS	ROSE MCDOWELL	KELLY HENDRY SCHOOL
U18 GIRLS	GRACE BUTTERWORTH	KEEGAN ACADEMY
U19 LADIES	SCARLETT SKEHILL	CELTIC HEARTS
U21 LADIES	ALLIYAH O'HARE	SCANLON SCHOOL
O21 LADIES	ANNALISE CARTER	AMDC

U11 BOYS	THOMAS SHANLEY	HERLIHY-BURGOINE SCHOOL
U13 BOYS	PETER MCGOVERN	MURPHY DUGINN
U15 BOYS	ETHAN FARRELL	HARRISON SCHOOL
U17 BOYS	SHAY BRUNNING	GLENDARRAGH
U19 MEN	SE O'TOOLE	BROOKS ACADEMY
O19 MEN	CIARAN KEOGH	AISLING KEOGH ACADEMY

U10 PRELIM	MIA DILLON	KEEGAN ACADEMY
U11 PRELIM	LUCY O'CONNOR	BAILEY MURRAY ACADEMY
U12 PRELIM	WILLOW MURRAY MERCER	SCOIL RINCE CEIM OIR
U13 PRELIM	ANNIE SHENTON	NADINE MARTIN ACADEMY
U14 PRELIM	EVIE DUFFY	MCCARRON DANCE
U16 PRELIM	CARA MCGEOWN	LORRAINE SCALLON SCHOOL
O16 PRELIM	NIAMH KELLY	NADINE MARTIN ACADEMY

## CHAMPION OF CHAMPIONS

MINOR	MILA BROWN	NADINE MARTIN ACADEMY
JUNIOR	ORLA WORMALD	NADINE MARTIN ACADEMY
SENIOR	ALLIYAH O'HARE	SCANLON SCHOOL



## ENTRIES

We have secured the services of Des Silke from Instep Feis Management and he will be providing Grade, Preliminary and Open championship results throughout the event as well as processing all entries for the Feis. The syllabus and entry pack will be displayed on [www.instepfm.com](http://www.instepfm.com) with full instructions on how to submit your entry.

Closing Date: Friday 10th January 2025

<u>Entry Fees:</u>	Solo grades	£6.00
	Trad Set Trophy (U6-9)	£6.00
	Blind Treble Reel	£6.00
	Diddy Dancers	£6.00
	Slip Jig Special *NEW*	£6.00
	Figure Competitions	£5.00 (per dancer)
	Open Championship U6/7*	£30.00
	Open Championships U8/9	£35.00
	Preliminary Championship	£40.00
	Open Championships	£40.00

**\* Dancers in the U6 & U7 are required to dance their 'Championship' dances in their solo grades to be eligible to compete in their respective championships.**

### Discounts

Dancer Maximum*	£60.00
Family Maximum*	£90.00

\*Please note Slip Jig special & Blind treble reel are not included in the dancer/family max fee.

<u>Door Entry:</u>	Adult	£6.00
	Children	FREE
	Concession	£3.00

### Parking:

There is plenty of on site parking and there will be parking wardens to direct you on arrival to the venue.



# STANDARD RULES FOR NORTH WEST FEISEANNA

AS OF JUNE 2024

## ENTRY REQUIREMENTS

1. AGES TO BE TAKEN FROM 1ST JANUARY 2025.
2. ENTRIES WILL ONLY BE ACCEPTED FROM SCHOOLS CURRENTLY REGISTERED WITH AN COIMISIUN.
3. LODGEMENT OF ENTRIES AT A FEIS IMPLIES THAT YOU ACCEPT THE RULES RELATING TO THE FEIS IN THEIR ENTIRETY AS LAID DOWN BY THE NWRC AND AN COIMISIUN, AND THAT YOU ACCEPT THAT THE RESULTS OF THE FEIS WILL BE PUBLISHED ON THE NWRC WEBSITE.

## ADJUDICATORS & MUSICIANS

4. THE ADJUDICATORS DECISIONS ARE FINAL. THE ADJUDICATORS SHOULD NOT BE APPROACHED BY ANY PERSONS OTHER THAN THE FEIS COMMITTEE.
5. PUPILS OF AN ADJUDICATOR EMPLOYED AT A PARTICULAR FEIS MAY NOT TAKE PART IN THE FEIS EVEN IF THE ADJUDICATOR IS JUDGING ALTERNATIVE AGE GROUPS.
6. ANY ADJUDICATOR FROM OUTSIDE THE NW REGION CANNOT JUDGE AN OPEN FEIS IN THE NORTH WEST REGION WITHIN 6 MONTHS OF THEIR LAST ADJUDICATION IN THE REGION. ANY ADJUDICATOR FROM THE NORTH WEST REGION CANNOT JUDGE AN OPEN FEIS IN THE NORTH WEST REGION WITHIN 3 MONTHS OF THEIR LAST ADJUDICATION IN THE REGION.

7. AN ADJUDICATOR FROM OUTSIDE THE NORTH WEST REGION MAY NOT ADJUDICATE A CLASS FEIS IN THE NORTH WEST REGION IN THE 6 MONTHS LEADING UP TO ADJUDICATING AN OPEN FEIS IN THE REGION.

8. ALL MUSICIANS SHOULD BE COMPETENT AND ABIDE BY THE PRESCRIBED AN COIMISIUN METRONOMIC SPEEDS BELOW.

NOVICE

REEL 122-124 LIGHT JIG 116 SINGLE JIG 124 SLIP JIG 124 HEAVY JIG 96 HORNPIPE 144

PRIMARY

REEL 116-118 LIGHT JIG 116 SINGLE JIG 124 SLIP JIG 120 HEAVY JIG 76 HORNPIPE 118

INTERMEDIATE/OPEN

REEL 113 SLIP JIG 113 HEAVY JIG 73 HORNPIPE 113

TRADITIONAL SET DANCES

BLACKBIRD 144 St. PATRICK'S DAY 94 JOB OF JOURNEYWORK 138 GARDEN OF DAISIES 138 KING OF FAIRIES 130

THREE SEA CAPTAINS 96 JOCKEY TO THE FAIR 90

## NOVICE AND PRIMARY GRADE

9. THERE WILL BE A MINIMUM OF 4 NOVICE LIGHT DANCES UP TO AND INCLUDING UNDER 11. ONLY THE MOST BASIC STEPS MAY BE

PERFORMED IN THIS GRADE. CHILDREN ENTERING THE NOVICE CANNOT ENTER THE PRIMARY FOR THE SAME DANCES.

10. ALL NOVICE, PRIMARY, INTERMEDIATE, PRELIMINARY AND OPEN COMPETITIONS ARE OPEN TO ALL REGIONS.

11. ANY COMPETITIONS IN NOVICE AND PRIMARY, IN WHICH THERE ARE 5 OR FEWER DANCERS SHALL NOT COUNT FOR GRADING PURPOSES.

HOWEVER A DANCER MAY ONLY WIN 3 SUCH COMPETITIONS AND THEY THEN MUST MOVE UP TO THE NEXT GRADE. IF THERE ARE 6-10

DANCERS IN ANY NOVICE OR PRIMARY COMPETITION, THEN JUST THE 1ST PLACED DANCER MUST MOVE UP TO THE NEXT GRADE. IF THERE

ARE 11-20 DANCERS, 1ST AND 2ND PLACED DANCERS MUST MOVE UP TO THE NEXT GRADE. IF THERE ARE 21 OR MORE DANCERS THEN 1ST,

2ND AND 3RD PLACED DANCERS MUST MOVE UP TO THE NEXT GRADE.

12. THERE WILL BE NO RESTRICTION ON THE STEP CONTENT PERFORMED IN THE PRIMARY GRADE.

13. A NOVICE DANCER IS A DANCER WHO HAS NOT GAINED A PLACE THAT REQUIRES THEM TO MOVE UP IN A NOVICE OR HIGHER GRADE

COMPETITION.

14. A PRIMARY DANCER IS A DANCER WHO HAS NOT GAINED A PLACE THAT REQUIRES THEM TO MOVE UP IN A PRIMARY OR HIGHER GRADE

COMPETITION.

15. NOVICE/PRIMARY TROPHY COMPETITIONS ARE CONFINED TO DANCERS WHO HAVE NEVER WON A NOVICE/PRIMARY TROPHY. ANY

LIGHT DANCE CAN BE PERFORMED FOR THE TROPHY BUT IT MUST HAVE BEEN DANCED IN THE NOVICE/PRIMARY SECTION ON THE DAY OF THE FEIS.

16. A WINNER OF A NOVICE/PRIMARY TROPHY COMPETITION MUST MOVE UP TO THE NEXT GRADE FOR BOTH THE DANCE THEY PERFORMED TO WIN THE TROPHY AND THE TROPHY COMPETITION ITSELF.

17. ONLY SKIRTS AND TOPS OR A SIMPLE CURRENT CLASS COSTUME MAY BE WORN IN THE NOVICE AND PRIMARY GRADES.

18. IN THE EVENT OF THERE BEING NO PROVISION FOR A PARTICULAR AGE GROUP, A DANCER MAY DANCE UP AN AGE GROUP, HOWEVER ON

ATTAINING FIRST PLACE IN ANY DANCE, THAT DANCER MUST REMAIN IN THE HIGHER GRADE FOR THAT DANCE FOR THE REMAINDER OF THE YEAR.

19. AT ANY ONE FEIS, A NOVICE OR PRIMARY DANCER MAY ONLY DANCE EACH SOLO DANCE, THE LIGHT TROPHY AND THE HEAVY TROPHY IN ONE GRADE ONLY.

20. SHOULD THERE BE 5 OR FEWER DANCERS IN ANY NOVICE OR PRIMARY COMPETITION THEN THE FEIS ORGANISER RESERVES THE RIGHT TO COMBINE AGE GROUPS TO MAKE A DOUBLE AGE GROUP. ANY DANCER/S REQUIRED TO SUBSEQUENTLY MOVE UP IN A DOUBLE AGE COMPETITION MUST REMAIN IN THE HIGHER GRADE FOR THAT DANCE FOR THE REMAINDER OF THE YEAR.

21. IF A FEIS SYLLABUS DOES NOT PROVIDE A HEAVY DANCE SECTION IN THE NOVICE GRADE, A DANCER MAY PERFORM THEIR HEAVY JIC OR

HORNPIPE IN THE PRIMARY GRADE, AND BE OFFERED A CHOICE OF EITHER NOVICE OR PRIMARY SPEED. THAT IS, EITHER 76 OR 96 FOR THE

HEAVY JIC AND EITHER 118 OR 144 FOR THE HORNPIPE.

#### INTERMEDIATE GRADE

22. AN INTERMEDIATE DANCER IS ONE WHO HAS NEVER WON A FIRST PLACE IN THAT PARTICULAR DANCE IN THEIR PRESENT AGE GROUP.

23. INTERMEDIATE TROPHY COMPETITIONS ARE CONFINED TO DANCERS WHO HAVE NEVER WON AN INTERMEDIATE TROPHY IN THEIR

PRESENT AGE GROUP. ANY LIGHT DANCE CAN BE PERFORMED FOR THE TROPHY BUT IT MUST HAVE BEEN DANCED IN THE INTERMEDIATE

SECTION ON THE DAY OF THE FEIS.

24. A WINNER OF AN INTERMEDIATE TROPHY COMPETITION MUST MOVE UP TO THE NEXT GRADE FOR BOTH THE DANCE THEY PERFORMED

TO WIN THE TROPHY AND THE TROPHY COMPETITION ITSELF.

25. AT ANY ONE FEIS, AN INTERMEDIATE DANCER MAY ONLY DANCE EACH SOLO DANCE, THE LIGHT TROPHY AND THE HEAVY TROPHY, IN

ONE GRADE ONLY, WITH THE EXCEPTION OF INTERMEDIATE DANCERS WISHING TO ENTER THE PRELIMINARY OR OPEN TROPHY/CHAMPIONSHIP.

26. IN THE EVENT OF THERE BEING NO PROVISION FOR A PARTICULAR AGE GROUP, THEN A DANCER MAY DANCE UP AN AGE GROUP, HOWEVER ON ATTAINING FIRST PLACE IN ANY DANCE, THAT DANCER MUST REMAIN IN THE HIGHER GRADE FOR THAT DANCE FOR THE

REMAINDER OF THE YEAR.

27. IF THERE ARE 6 OR MORE DANCERS IN ANY INTERMEDIATE COMPETITION, THEN THE 1ST PLACED DANCER MUST MOVE UP TO THE

NEXT GRADE, ANY COMPETITION IN WHICH THERE ARE 5 OR FEWER DANCERS SHALL NOT COUNT FOR GRADING PURPOSES. HOWEVER, A

DANCER MAY ONLY WIN 3 SUCH COMPETITIONS AND THEY THEN MUST MOVE UP TO THE NEXT GRADE.

28. SHOULD THERE BE 5 OR FEWER DANCERS IN ANY INTERMEDIATE COMPETITION THEN THE FEIS ORGANISER RESERVES THE RIGHT TO

COMBINE AGE GROUPS TO MAKE A DOUBLE AGE GROUP. ANY DANCER/S REQUIRED TO SUBSEQUENTLY MOVE UP IN A DOUBLE AGE COMPETITION MUST REMAIN IN THE HIGHER GRADE FOR THAT DANCE FOR THE REMAINDER OF THE YEAR

#### PRELIMINARY CHAMPIONSHIPS

29. A MINIMUM NUMBER OF THREE ADJUDICATORS MUST OFFICIATE.

30. THE FIRST AGE GROUP FOR A PRELIMINARY CHAMPIONSHIP IS UNDER 10.
31. WHERE A PRELIMINARY CHAMPIONSHIP IS HELD SEPARATE FROM AN OPEN CHAMPIONSHIP, THREE ROUNDS SHOULD BE OFFERED,  
NAMELY; REEL OR SLIP JIG, HEAVY JIG OR HORNPIPE AND ANY SET DANCE.
32. WHERE A PRELIMINARY CHAMPIONSHIP IS COMBINED WITH AN OPEN CHAMPIONSHIP, THEN THE RESULT SHOULD BE TAKEN FROM  
ELIGIBLE DANCERS' RANKING AFTER THE FIRST TWO ROUNDS.
33. WHERE THERE ARE SEPARATE PRELIMINARY AND OPEN CHAMPIONSHIPS, DANCERS CAN COMPETE IN BOTH AT THE DISCRETION OF THE  
FEIS ORGANISER.
34. WHERE A COMPETITOR WINS TWO PRELIMINARY CHAMPIONSHIPS THEY MUST DANCE IN OPEN CHAMPIONSHIP FOR A PERIOD OF 12  
MONTHS THEREAFTER.
35. FOR GRADING PURPOSES, TWO WINS WILL BE TAKEN AS BEING IN ANY TWO YEAR ROLLING PERIOD. WHERE A DANCER DOES NOT WIN A  
SECOND PRELIMINARY WITHIN TWO YEARS OF WINNING THEIR FIRST PRELIMINARY CHAMPIONSHIP, THEN THE FIRST WIN WILL BE DEEMED AS  
HAVING EXPIRED AND THE DANCER STARTS AFRESH.
36. WHERE THERE ARE 5 OR FEWER DANCERS IN A PRELIMINARY CHAMPIONSHIP THAT WIN WILL NOT NORMALLY BE CONSIDERED FOR  
GRADING PURPOSES. HOWEVER, WHERE A DANCER WINS THREE PRELIMINARY CHAMPIONSHIPS REGARDLESS OF THE NUMBER OF COMPETITORS IN EACH COMPETITION, THAT DANCER MUST DANCE IN OPEN CHAMPIONSHIP FOR A PERIOD OF 12 MONTHS  
THEREAFTER.
37. DANCES PERFORMED IN A PRELIMINARY CHAMPIONSHIPS DO NOT COUNT FOR GRADING IN SOLO COMPETITIONS.
38. A SOLO WORLD QUALIFIER (IN THE PREVIOUS 12 MONTHS) WILL NOT BE ELIGIBLE TO COMPETE IN PRELIMINARY CHAMPIONSHIPS. THIS  
EXCLUDES DANCERS THAT AUTO QUALIFIED AT THEIR REGIONAL OR NATIONAL OIREACHTAS DUE TO LACK OF NUMBERS.
39. DANCERS PLACING 1ST-3RD IN AN OPEN CHAMPIONSHIP WITH UP TO 20 COMPETITORS OR 1ST-5TH IN AN OPEN CHAMPIONSHIP  
WITH MORE THAN 20 COMPETITORS CANNOT COMPETE IN A PRELIMINARY CHAMPIONSHIP FOR A PERIOD OF 12 MONTH.  
OPEN GRADE
40. IN ALL AGE GROUPS ANY DANCER WHO HAS PREVIOUSLY WON AN OPEN CHAMPIONSHIP BEFORE A PANEL OF AT LEAST THREE ADJUDICATORS DOES NOT HAVE TO DANCE OPEN IF THEY ARE ELIGIBLE FOR A LOWER GRADE.
41. IN ALL AGE GROUPS, (WITH THE EXCEPTION OF UNDER 6 AND UNDER 7), WHERE SOLOS AND CHAMPIONSHIPS ARE RUN SEPARATELY,  
COMPETITORS MUST HAVE PERFORMED 1 LIGHT DANCE AND 2 HEAVY DANCES TO BE ELIGIBLE FOR THE PREMIER TROPHY/  
CHAMPIONSHIP.  
THIS DOES NOT APPLY WHERE SOLOS ARE COMBINED IN WITH THE CHAMPIONSHIP.
42. THE WORDING 'CHAMPIONSHIP' WILL ONLY BE USED WHERE THERE IS A PANEL OF AT LEAST 3 ADJUDICATORS.  
ALL GRADES
43. NO BLOCK, EN POINTE, STATIONARY OR MOVING, WILL BE ALLOWED TO BE PERFORMED BY ANY DANCERS UP TO AND INCLUDING THE  
UNDER 11 AGE GROUP. THE UNDER 12 AGE GROUP IS ALSO COVERED BY THIS RULE UP UNTIL 1ST SEPTEMBER EACH YEAR AFTER WHICH  
THEY ARE PERMITTED TO PERFORM THE MOVEMENT.
44. DANCERS MUST DANCE IN THEIR OWN AGE GROUP FOR SOLO COMPETITIONS IF THAT AGE GROUP IS PROVIDED FOR.
45. ANY COMPETITOR FOUND TO BE USING ARTIFICIAL CARRIAGE AIDS AND SUBSEQUENTLY REFUSES TO REMOVE THEM WILL BE SUBJECT TO  
DISQUALIFICATION FROM THAT PARTICULAR COMPETITION. MEDICALLY PRESCRIBED APPARATUS, PROOF OF WHICH MAY BE REQUIRED, WILL BE  
EXEMPT FROM THIS.
- FIGURE DANCING
46. FIGURE TEAMS MAY CONTAIN UP TO 50% FROM A LOWER AGE GROUP.
- GENERAL FEIS RULES
47. MAKE UP (INCLUDING FALSE EYELASHES AND TANNER ON THE FACE) WILL NOT BE PERMITTED FOR DANCERS, IN EITHER

SOLO OR TEAM COMPETITIONS, UP TO AND INCLUDING THE UNDER 10 AGE GROUP, AND ANY DANCER IN THE FIRST TWO GRADES (NOVICE AND PRIMARY) UP TO AND INCLUDING THE UNDER 12 AGE GROUP WORLDWIDE. THIS RULE REFERS TO THE AGE GROUP OF THE COMPETITION,

NOT THE ACTUAL AGE OF THE DANCER. LEG TAN IS NOT PART OF THIS RULE.

48. ANY PROTEST AGAINST BREACH OF RULES MUST BE MADE IN WRITING, WITHIN 1 HOUR OF THE CONCLUSION OF THE RELEVANT

COMPETITION AND ACCOMPANIED BY A FEE OF £10.00, WHICH WILL BE REFUNDED SHOULD THE OBJECTION BE UPHELD.

49. MEDALS WILL BE AWARDED IN ACCORDANCE WITH THE MINIMUM REQUIREMENTS AS LAID DOWN BY THE NWRC:

1 MEDAL WHERE THERE IS 3 COMPETITORS

2 MEDALS WHERE THERE ARE 5 COMPETITORS

3 MEDALS WHERE THERE ARE 7 COMPETITORS

4 MEDALS WHERE THERE ARE 10 COMPETITORS AND

1 MEDAL FOR EACH ADDITIONAL 10 OR PART OF 10 COMPETITORS.

50. THE FEIS ORGANISER RESERVES THE RIGHT TO CANCEL ANY COMPETITION SHOULD THERE BE INSUFFICIENT ENTRIES.

51. IN THE INTEREST OF HEALTH, HAIRSPRAY AND ANY OTHER AEROSOLS MUST NOT BE USED IN ANY OF THE DANCING AREAS.

52. IN ACCORDANCE WITH THE RULING LAID DOWN BY AN COIMISIUN AND IN THE INTEREST OF SAFETY, DANCERS ARE ASKED TO BE SUITABLY

DRESSED AT ALL TIMES AND SHOULD NOT UNDRRESS IN THE COMPETITION HALLS.

53. MOBILE PHONES AND ELECTRONIC GAMES MUST BE SWITCHED OFF IN ALL OF THE DANCING AREAS.

54. ABUSIVE LANGUAGE AND OFFENSIVE BEHAVIOUR WILL NOT BE TOLERATED. ANY PERSON ACTING IN SUCH A WAY WILL BE ASKED TO LEAVE

THE FEIS.

55. FEIS ORGANISERS WILL, AS FAR AS IS PRACTICABLE, PROVIDE A STAGE SURFACE SUITABLE FOR DANCING. HOWEVER, THE FEIS ORGANISERS

CANNOT ACCEPT LIABILITY FOR INJURIES SUSTAINED WHILST ON THE DANCING AREAS. THE LODGEMENT OF AN ENTRY WILL BE DEEMED TO BE

AN ACCEPTANCE OF THIS PROVISION BY A DANCER.

56. IF PARENTS HAVE ANY CONSTRUCTIVE COMMENTS TO MAKE ABOUT ANY ASPECT OF FEISEANNA, THESE WOULD BE WELCOMED BY THE

COUNCIL AND SHOULD BE PUT IN WRITING. IT SHOULD BE NOTED THAT ANONYMOUS CORRESPONDENCE CANNOT BE DEALT WITH.

57. ANY FORM OF UNAUTHORISED PHOTOGRAPHY WHICH HAS THE CAPABILITY TO CAPTURE A DANCER'S IMAGE WHILST IN MOTION, USING

ELECTRONIC OR MANUAL MEANS, E.G. MOBILE PHONE, STANDARD CAMERA, VIDEO CAMCORDER, CINE RECORDER, COMMERCIAL FILM, WITH

OR WITHOUT FLASH ENHANCEMENT, IS EXPRESSLY FORBIDDEN IN COMPETITION.

Syllabus approved by Nicola King, Feis Registrar, North West Region

