

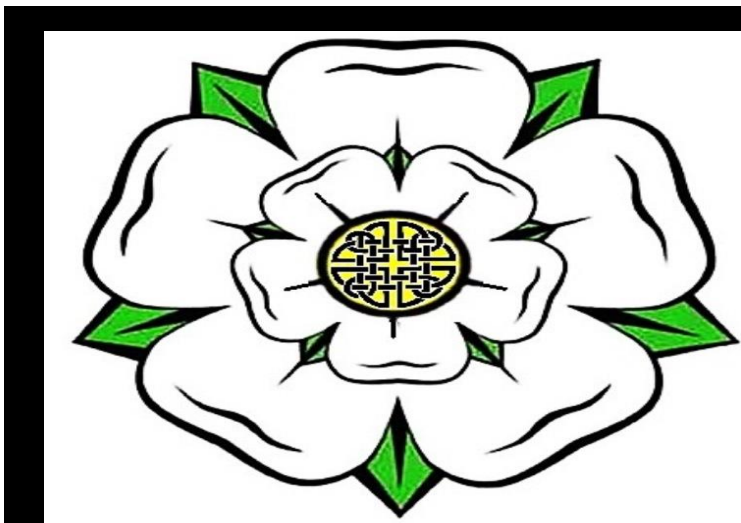
Fiona McRoibin & the White Rose Academy

Present the

White Rose Championships

22nd & 23rd June 2019

*St Pius
Catholic High School
Wathwood Road
Wath Upon Dearne
Rotherham
S63 7PQ*



Adjudicators

| | | |
|-----------------------|--------|-------------|
| Barbara Slater | ADCRCG | Newcastle |
| Kathleen Murray | ADCRCG | St Albans |
| Kirsty Blair-McCarthy | ADCRCG | Southampton |
| Christine Angliss | ADCRCG | Coventry |
| Jenny Wilson-Flower | ADCRCG | Coventry |
| Nicola King | ADCRCG | St Helen's |

Musicians

| | |
|----------------|-----------|
| Stephen Walker | Tipperary |
| Daniel Bolger | Kent |

ACCOMMODATION NEAR TO THE VENUE:

**Holiday Inn Express, Rotherham North
Manvers Way, Wath Upon Dearne, S63 7EQ
Special Rate of £50.00 including breakfast for all dancers.
Tel: 01709 760666 and quote "McRoibin Irish Dancing"**

www.nwrc.co.uk - www.instepfm.com

Feis Secretary: Fiona McRoibin - 07979 693841

Syllabus approved by Nicola King, Feis Registrar, NWRC



Cláraithe leis An Choimisiún le Rincí Gaelacha

White Rose Championships 2019

Dear Teachers, Parents and Pupils,

Thank you to everyone for their support for my Feis in 2018. This year the White Rose Academy (McRoibin School) is celebrating 21 years and I am delighted to be able to present the 2019 White Rose Championships to be held once again at St Pius Catholic High School. We have the use of a fantastic main hall with a stage and a large sports hall.

All Open Championships and Preliminary Championships will be a 100% recall. This year's Feis will start at 1pm on Saturday afternoon with the Under 12 and Under 14 Preliminary Championships followed by the U11, U12 U13 and U14 Open Championships. Results will be presented in the Sports Hall to ensure the smooth running of the event.

Awards

All Grade competitors will be awarded with trophies for 1st, 2nd & 3rd and a sash for 1st place.

Premier competitions Under 6 and Under 7 - 1st to 5th awards and sashes.

Open Championships and Preliminary Championships - 1st to 5th awards and sashes with 3 solo results and an overall result.

Vendors

Redmond Rose by Kerry Redmond for all your wigs and accessories.

Tabulation

Des Silke will be in attendance and will be providing a full championship, preliminary and grade results service.

Recall information

There will be a 100% Recall in all Preliminary and Open Championships

Travel Information

Nearest train station is Rotherham Central, S60 1QH which is 5 miles from the venue. There is a taxi rank at the station.

Robin Hood Airport DN9 3RH is 18 miles from the venue and flights from Belfast, Dublin and Paris land here.

Leeds Bradford Airport LS19 7TU is 45 miles from the venue and flights from Dublin, Belfast, Glasgow, London Heathrow, Amsterdam, Munich, Vienna & Salzburg land here.

East Midlands Airport DE74 2SA is 55 miles from the venue and flights from Amsterdam, Belfast, Brussels, Cork, Edinburgh, Glasgow, Knock, Krakow & Milan land here.

Your continued support for the McRoibin Feis is very much appreciated and I look forward to welcoming everyone to this year's event.

Fiona McRoibin, ADCRG

White Rose Championships 2019

White Rose Championships 2019 – Trophies 1st, 2nd & 3rd

| NOVICE (Bún Grád) | COR | PORT EADTROM | PORT SINGIL | PORT LUASCA | Rule 10. All Novice Competitions are open to all Regions. | | | | |
|-----------------------------|-------------|------------------|-------------------|-----------------|---|-----------------------|------------------|------------------|-----------------|
| | TROPHY REEL | TROPHY LIGHT JIG | TROPHY SINGLE JIG | TROPHY SLIP JIG | | | | | |
| Under 6 | 122-124 | 116 | 124 | 120 | | | | | |
| 6 & Under 7 | 122-124 | 116 | 124 | 120 | | | | | |
| 7 & Under 8 | 122-124 | 116 | 124 | 120 | | | | | |
| 8 & Under 9 | 122-124 | 116 | 124 | 120 | | | | | |
| 9 & Under 10 | 122-124 | 116 | 124 | 120 | | | | | |
| 10 & Under 11 | 122-124 | 116 | 124 | 120 | | | | | |
| PRIMARY (Tús Grád) | COR | PORT EADTROM | PORT SINGIL | PORT LUASCA | | | | PORT TROM | CORNPHIOPA |
| | TROPHY REEL | TROPHY LIGHT JIG | TROPHY SINGLE JIG | TROPHY SLIP JIG | | | | TROPHY HEAVY JIG | TROPHY HORNPIPE |
| Under 6 | 116-118 | 116 | 124 | 120 | | | | 82 | 130 |
| 6 & Under 7 | 116-118 | 116 | 124 | 120 | 82 | 130 | | | |
| 7 & Under 8 | 116-118 | 116 | 124 | 120 | 82 | 130 | | | |
| 8 & Under 9 | 116-118 | 116 | 124 | 120 | 82 | 130 | | | |
| 9 & Under 10 | 116-118 | 116 | 124 | 120 | 82 | 130 | | | |
| 10 & Under 11 | 116-118 | 116 | 124 | 120 | 82 | 130 | | | |
| 11 & Over | 116-118 | 116 | 124 | 120 | 82 | 130 | | | |
| INTERMEDIATE (Mean Grád) | COR | PORT EADTROM | PORT SINGIL | PORT LUASCA | PORT TROM | CORNPHIOPA | | | |
| | TROPHY REEL | TROPHY LIGHT JIG | TROPHY SINGLE JIG | TROPHY SLIP JIG | TROPHY HEAVY JIG | TROPHY HORNPIPE | | | |
| Under 6 | 113 | 116 | 124 | 113 | 73 | 113 | | | |
| 6 & Under 7 | 113 | 116 | 124 | 113 | 73 | 113 | | | |
| 7 & Under 8 | 113 | 116 | 124 | 113 | 73 | 113 | | | |
| 8 & Under 9 | 113 | 116 | 124 | 113 | 73 | 113 | | | |
| 9 & Under 10 | 113 | 116 | 124 | 113 | 73 | 113 | | | |
| 10 & Under 11 | 113 | 116 | 124 | 113 | 73 | 113 | | | |
| 11 & Under 12 | 113 | 116 | 124 | 113 | 73 | 113 | | | |
| 12 & Over | 113 | 116 | 124 | 113 | 73 | 113 | | | |
| OPEN (Ard Grád) | COR | PORT EADTROM | PORT SINGIL | PORT LUASCA | PORT TROM | CORNPHIOPA | TROPHY SET DANCE | | |
| | TROPHY REEL | TROPHY LIGHT JIG | TROPHY SINGLE JIG | TROPHY SLIP JIG | TROPHY HEAVY JIG | TROPHY HORNPIPE | TROPHY SET DANCE | | |
| Under 6 | 113 | 116 | 124 | 113 | 73 | 113 | TRAD | | |
| Under 7 | 113 | 116 | 124 | 113 | 73 | 113 | OPEN SET | | |
| Under 13 | | | 13 & Under 16 | | | Over 16 | | | |
| 2 Hand Dance | | | 2 Hand Dance | | | 2 Hand Dance | | | |
| 3 Hand Dance | | | 3 Hand Dance | | | 3 Hand Dance | | | |
| 4 Hand Dance | | | 4 Hand Dance | | | 4 Hand Dance | | | |
| Fairy Reel | | | Fairy Reel | | | Fairy Reel | | | |
| 8 Hand Dance | | | 8 Hand Dance | | | 8 Hand Dance | | | |
| Progressive Dance | | | Progressive Dance | | | Progressive Dance | | | |
| Any Figure Dance | | | Any Figure Dance | | | Any Figure Dance Comp | | | |

Open Premier Competitions - 1 Adjudicator

| Age Group | Round 1 | Round 2 |
|-------------|----------------|-----------------------------------|
| Under 6 | Reel (40 Bars) | Light Jig or Single Jig (40 Bars) |
| 6 & Under 7 | Reel (40 Bars) | Light Jig or Single Jig (40 Bars) |

Open Mixed Championships - 3 Adjudicators

| Age Group | Round 1 | Round 2 | Recall |
|---------------|-----------------------|------------------|---------------|
| 7 & Under 8 | Reel | Heavy Jig | Trad Set |
| 8 & Under 9 | Reel | Heavy Jig | Trad Set |
| 9 & Under 10 | Heavy Jig or Hornpipe | Reel or Slip Jig | Choice of Set |
| 10 & Under 11 | Heavy Jig or Hornpipe | Reel or Slip Jig | Choice of Set |
| 11 & Under 12 | Heavy Jig or Hornpipe | Reel or Slip Jig | Choice of Set |
| 12 & Under 13 | Heavy Jig or Hornpipe | Reel or Slip Jig | Choice of Set |
| 13 & Under 14 | Heavy Jig or Hornpipe | Reel or Slip Jig | Choice of Set |
| 14 & Under 15 | Heavy Jig or Hornpipe | Reel or Slip Jig | Choice of Set |
| 15 & Under 16 | Heavy Jig or Hornpipe | Reel or Slip Jig | Choice of Set |
| 16 & Under 18 | Heavy Jig or Hornpipe | Reel or Slip Jig | Choice of Set |
| 18 & Under 20 | Heavy Jig or Hornpipe | Reel or Slip Jig | Choice of Set |
| Senior O/20 | Heavy Jig or Hornpipe | Reel or Slip Jig | Choice of Set |

100% RECALL

Reel & Heavy Jig 48 Bars - Slip Jig & Hornpipe 40 Bars

Preliminary Mixed Championships - 3 adjudicators

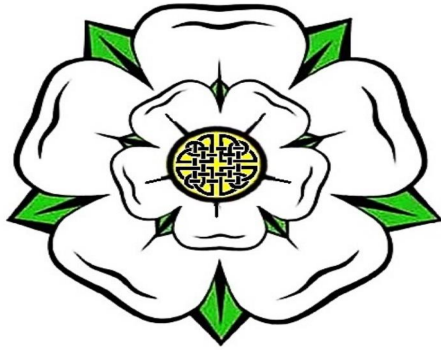
| Age Group | Round 1 | Round 2 | Round 3 |
|---------------|------------------|-----------|----------|
| Under 10 | Reel or Slip Jig | Heavy Jig | Hornpipe |
| 10 & Under 12 | Reel or Slip Jig | Heavy Jig | Hornpipe |
| 12 & Under 14 | Reel or Slip Jig | Heavy Jig | Hornpipe |
| 14 & Under 16 | Reel or Slip Jig | Heavy Jig | Hornpipe |
| 16 & Over | Reel or Slip Jig | Heavy Jig | Hornpipe |

100% RECALL

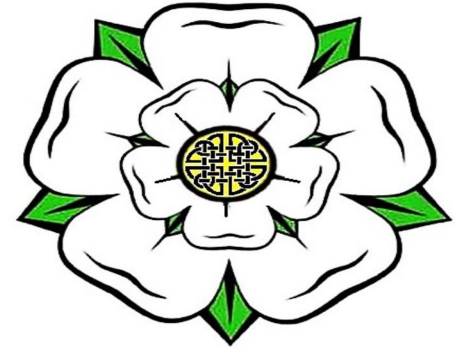
Reel & Heavy Jig 40 Bars - Slip Jig & Hornpipe 32 Bars

Entry Fees Payable on the day

| | |
|---|--------|
| Figure & Ceili competitions & Championships (per dancer) | £3.00 |
| Trophy Solo Grade Competitions (all solos are Trophy Competitions) | £5.00 |
| DOOR ENTRY (payable on the day) - PER ADULT - CHILDREN ARE FREE | £5.00 |
| DOOR ENTRY (payable on the day) - CONCESSIONS | £3.00 |
| Premier Under 6 & Under 7 | £10.00 |
| Open Championships U/8 to Senior (3 solo results) | £30.00 |
| Preliminary Championships U/10 to Over 16 (3 solo results) | £25.00 |
| Maximum for One Child | £40.00 |
| Family Fee for 2 or more children | £60.00 |



White Rose Championships



Venue: St Pius School, Wathwood Rd, S63 7PQ

Timetable for Saturday 22nd June 2019

CHAMPIONSHIP HALL

1:30 PM

10 & Under 12 and 12 & Under 14 Preliminary Championship (Alternating)

3:00 PM

UNDER 11 & UNDER 12 OPEN CHAMPIONSHIPS (Alternating)

5:00 PM

UNDER 13 & UNDER 14 OPEN CHAMPIONSHIPS (Alternating)

SPORTS HALL

10 & Under 12 Preliminary Result

12 & Under 14 Preliminary Result

Under 11 Open Championship Result

Under 12 Open Championship Result

Under 13 Open Championship Result

Under 14 Open Championship Result

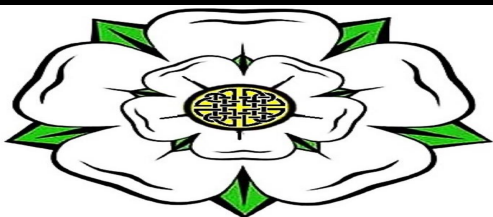
Venue: St Pius School, Wathwood Rd, S63 7PQ

Timetable for Sunday 23rd June 2019

CHAMPIONSHIP HALL

SPORTS HALL

| 9:00 AM | 9:00 AM | | |
|--------------------------------------|------------------------------|-----------------------------|------------------------------|
| U16 & 16 & Over PRELIMINARYS | UNDER 8 NOVICE & PRIMARY | UNDER 9 NOVICE & PRIMARY | UNDER 10 NOVICE & PRIMARY |
| 10:00 AM | 10:30 AM | | |
| UNDER 15 & UNDER 16 CHAMPIONSHIPS | UNDER 8 INTERMEDIATE | UNDER 9 INTERMEDIATE | UNDER 10 INTERMEDIATE |
| 12:30 PM | 12:00 PM | | |
| U8 & U9 CHAMPIONSHIPS | UNDER 6 NOVICE | UNDER 6 PRIMARY | UNDER 7 NOVICE & PRIMARY |
| 2:00 PM | 1:30 PM | | |
| UNDER 10 PRELIM & CHAMPS | UNDER 6 INTERMEDIATE | UNDER 6 OPEN | UNDER 7 INT & OPEN |
| 4:00 PM | 3:00 PM | | |
| U18, U20 & SENIOR CHAMPIONSHIPS | UNDER 11 NOVICE & PRIMARY | 11 & OVER PRIMARY | UNDER 11 NOVICE & PRIMARY |
| 5:30 PM | 4:30 PM | | |
| U13, U16 & O16 CEILI COMPETITIONS | UNDER 11 INTERMEDIATE | UNDER 12 INTERMEDIATE | 12 & OVER INTERMEDIATE |
| 6:00 PM | 6:00 PM | | |



PLEASE BE READY TO DANCE 30 MINUTES PRIOR TO THE START OF YOUR COMPETITION.

Standard Rules for North West Feiseanna 2019

ENTRY REQUIREMENTS

- 1 Ages to be taken from 1st January 2019
- 2 Entries will only be accepted from schools currently registered with An Coimisiun.
- 3 Lodgement of entries at a Feis implies that you accept the rules relating to the Feis in their entirety as laid down by the NWRC and An Coimisiun, and that you accept that the Results of the Feis will be published on the NWRC website.

ADJUDICATORS & MUSICIANS

- 4 The Adjudicators decisions are final. The Adjudicators should not be approached by any persons other than the Feis Committee.
- 5 Pupils of an Adjudicator employed at a particular feis may not take part in the Feis even if the adjudicator is judging alternative age groups.
- 6 Any Adjudicator from outside the NW Region cannot judge an Open Feis in the North West Region within 6 months of their last adjudication in the region. Any Adjudicator from the North West Region cannot judge an Open Feis in the North West Region within 3 months of their last adjudication in the region.
- 7 An Adjudicator from outside the North West Region may not adjudicate a Class Feis in the North West Region in the 6 months leading up to adjudicating an Open Feis in the Region.
- 8 All musicians used should be competent and willing to abide by the prescribed metronomic speeds of An Coimisiun.

Novice

Reel 122-124 Light jig 116 Single jig 124 Slip Jig 124 Heavy Jig 96 Hornpipe 144

Primary

Reel 116-118 Light jig 116 Single jig 124 Slip Jig 120 Heavy Jig 82 Hornpipe 130

Intermediate/Open

Reel 113 Slip Jig 113 Heavy Jig 73 Hornpipe 113

Traditional Set Dance

Blackbird 144 - St Patrick's Day 94 - Job of Journeywork 138 - Garden of Daisies 138 - King of Fairies 130 - Three Sea Captains 96 - Jockey to the Fair 90

NOVICE AND PRIMARY GRADE

- 9 There will be a minimum of 2 Novice Dances up to and including the Under 11 age group. Only the most basic Steps may be performed in this grade. Children entering the Novice cannot enter the Primary for the same dances,
- 10 All Novice, Primary, Intermediate, Preliminary & Open Competitions are open to all Regions.
- 11 If there are more than 20 competitors in any Novice competition then 1st, 2nd and 3rd placed dancers must move up to the next grade. If there are 20 or less competitors, then only the 1st placed dancer will be required to move up to the next grade.
- 12 Any competitions in Novice, Primary and Intermediate, in which there are 5 or less dancers shall not count for grading purposes. However a Dancer may only place in 3 such competitions and they then must move up to the next grade.
- 13 There will be no restriction on the step content performed in the Primary grade.
- 14 A Primary dancer is one who has never won a first in that particular dance except in Novice Grade.
- 15 If there are more than 20 competitors in any Primary solo competition then 1st, 2nd and 3rd placed dancers must move up to the next grade. If there are 20 or less competitors, then only the 1st placed dancer will be required to move up to the next grade.
- 16 Novice/Primary Trophy Competitions are confined to dancers who have never won a Novice/Primary Trophy. Any Light Dance can be performed for the Trophy but it must have been danced in the Novice or Primary section on the day of the Feis.
- 17 A winner of a Novice/Primary Trophy Competition must move up to the next grade for both the Dance they performed to win the Trophy and the Trophy competition itself.
- 18 Only skirts and tops or a simple class costume may be worn in the Novice and Primary Grades.
- 19 In the event of there being no provision for a particular age group, a dancer may dance up an age group, however on attaining first place in any dance, that dancer must remain in the higher grade for that dance for the remainder of the year.
- 20 At any one Feis, a Novice or Primary dancer may only dance each Solo Dance, the Light Trophy and the Heavy Trophy in ONE GRADE only.

INTERMEDIATE GRADE

- 21 An Intermediate Dancer is one who has never won a first place in that particular dance in their present age group.
- 22 Intermediate Trophy competitions are confined to dancers who have never won an Intermediate Trophy in their present age group. Any Light Dance can be performed for the Trophy but it must have been danced in the Intermediate section on the day of the Feis.
- 23 A winner of an Intermediate Trophy Competition must move up to the next grade for both the Dance they performed to win the Trophy and the Trophy competition itself.
- 24 At any one Feis, an Intermediate dancer may only dance each Solo Dance, the Light Trophy and the Heavy Trophy, in ONE GRADE only, with the exception of intermediate dancers wishing to enter the Preliminary or Open Trophy/Championship.

- 25 In the event of there being no provision for a particular age group, then a dancer may dance up an age group, however on attaining first place in any dance, that dancer must remain in the higher grade for that dance for the remainder of the year.
- 26 Any competition in which there are 5 or less dancers shall not count for grading purposes. However a Dancer may only win 3 such competitions and they then must move up to the next grade.

PRELIMINARY CHAMPIONSHIP/PREMIER

- 27 A preliminary dancer is one who has not been placed in the top 5 in a mixed open championship in any region in the current calendar year.
- 28 A preliminary dancer is one who has not won more than 2 Preliminary Championships/Premier in any region in the current calendar year (from January 1st). There will not be a minimum number needed to dance for a win to count.
- 29 An intermediate dancer may also compete in a preliminary Championship / Premier. Places in preliminary competitions will not count for grading purposes.
- 30 A dancer may enter a preliminary Championship/ Premier and an open championship if they are eligible.

OPEN GRADE

- 31 In all Age Groups any dancer who has previously won an Open Championship before a panel of at least three adjudicators does NOT have to dance Open if they are eligible for a lower Grade.
- 32 In all age groups, (with the exception of under 6 and under 7), where solos and Championships are run separately, competitors must have performed 1 light dance and 2 heavy dances to be eligible for the Premier Trophy/Championship. This does not apply where solos are combined in with the Championship.
- 33 The wording 'Championship' will only be used where there is a panel of at least 3 adjudicators.

ALL GRADES

- 34 No block, en pointe, stationary or moving, will be allowed to be performed by any dancers up to and including the Under 11 Age Group. The Under 12 age group is also governed by this rule up until 1st September each year after which they are permitted to perform the movement.
- 35 Dancers must dance in their own age group for solo competitions if that age group is provided for.
- 36 Any competitor found to be using artificial carriage aids and subsequently refuses to remove them will be subject to disqualification from that particular competition. Medically prescribed apparatus, proof of which may be required, will be exempt from this.

FIGURE DANCING

- 37 Figure teams may contain up to 50% from a lower age group.

GENERAL FEIS RULES

- 38 Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the under 10 age group, and any dancer in the first two grades (Novice & Primary) up to and including the Under 12 age group worldwide. This rule refers to the age group of the competition, not the actual age of the dancer. Leg tan is not part of this rule.
- 39 Any protest against breach of rules must be made be in writing, within 1 hour of the conclusion of the relevant competition and accompanied by a fee of £10.00, which will be refunded should the objection be upheld.
- 40 Medals will be awarded in accordance with the minimum requirements as laid down by the NWRC:
1 medal where there is 3 competitors - 2 medals where there are 5 competitors
3 medals where there are 7 competitors - 4 medals where there are 10 competitors and
1 medal for each additional 10 or part of 10 competitors.
- 41 The Feis Organiser reserves the right to cancel any competition should there be insufficient entries.
- 42 In the interest of Health, hairspray and any other aerosols must not be used in any of the dancing areas.
- 43 In accordance with the ruling laid down by An Coimisiun and in the interest of safety, dancers are asked to be suitably dressed at all times and should not undress in the competition halls.
- 44 Mobile phones and electronic games must be switched off in all of the dancing areas.
- 45 Abusive language and offensive behaviour will not be tolerated. Any person acting in such a way will be asked to leave the Feis.
- 46 Feis Organisers will, as far as is practicable, provide a stage surface suitable for dancing. However, the Feis Organisers cannot accept liability for injuries sustained whilst on the dancing areas. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer.
- 47 If parents have any constructive comments to make about any aspect of Feiseanna, these would be welcomed by the council and should be put in writing. It should be noted that anonymous correspondence cannot be dealt with.
- 48 Any Form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition.
- 49 Where Family Fees are applicable. These fees shall only include 1 Light Trophy and 1 Heavy Trophy per Child. Any additional Trophy Competitions are not eligible for the Family Fee and need to be paid for separately.